



### Welfare advice and support

Citizens advice bureau; For advice on a range of subjects from debt, to benefits and housing call 03444 111 444

<https://www.citizensadvice.org.uk>

Government advice

<https://www.gov.uk/>

### Support

The Hepatitis C Trust

A not for profit patient led, patient run, organisation call 020 7089 6221

<http://www.hepctrust.org.uk/>

British Liver Trust

A charitable organisation focussing on liver health.

<https://www.britishlivertrust.org.uk/>

National drug helpline (FRANK)

A drug information and advice service

Call 0300 123 6600, SMS 82111

<http://www.talktofrank.com/>

Alcoholic anonymous

Helpline 0800 9177 650

<https://www.alcoholics-anonymous.org.uk/>

Narcotics anonymous

Helpline 0300 999 1212

<http://ukna.org/>

The Samaritans

Call 116 123

<https://www.samaritans.org/>

On site at CUH

The One place 01223 254925